Seven Core Values for Purpose and Growth

➢ Surround ourselves with respectful **RELATIONSHIPS** that will help us grow as people and a team.
➢ Discover and use **RESOURCES** to increase chances for progress, growth, learning, and connections.
➢ Evaluate experiences for their **RELEVANCE** for growth and community.
➢ Give voice to our **RAINBOWS**—our dreams and aspirations—and act to move toward them.
➢ Set aside time for frequent **REFLECTION** about what we do, why we do it, and adjustments we may need to make. Remain curious!
➢ Act with **RESPONSIBILITY** toward others and ourselves.
➢ Pay attention and foster self-care and **RESILIENCE**.